

*** Meet New People ***

*** Have Fun ***

*** Dance on Day One ***



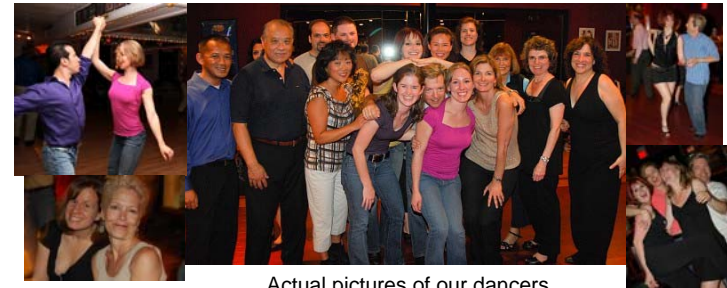
**For more information:
www.SwingShoes.Net
or call Erik at 917-414-3105**

Start Dancing in Southern CT

Every Tuesday Every Thursday

**Hustle
Norwalk, CT**

**West Coast Swing
Norwalk, CT**



Actual pictures of our dancers

**Newcomers are FREE
on the first week of the month**

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Actual pictures:



Information: Where, When, How Much?



Tuesdays: Hustle

No, not the line dance...the partner dance. Hustle is the dance to pick to impress your friends in 30 seconds or less. Originally from the 1970s, it's perfect for Club music and everything associated with a party.



Thursdays: West Coast Swing

West Coast Swing is in! Originally danced to blues and slow swing music, the current West Coast Swing craze is being done to almost anything being played on the radio right now!



Location:

Dance Dimensions
3 Quincy Street / Norwalk, CT 06851
(Please use web site - Quincy St is not clearly labeled)
(Enter Parking on Butler Street, through black iron gates)



Schedule:

7:30pm - Beginner Class (4 Wk Series begins every month)
8:30pm - Intermediate Class
9:30pm - 11pm - Dance Party for Everyone
(Food & Beverages are provided FREE)



Cost:

Newcomers are FREE on the first week of the month.
\$20 (includes 1 Lesson & Dance Party)
\$5 for Second Lesson



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Common Excuses: Why people don't dance

Actual pictures:



Excuse #1: "I'm scared of looking silly"

The fear of looking or feeling silly is the most common excuse. Dancing stimulates both your body and brain, which may "scare" you a bit....but that feeling will soon be replaced by a sense of accomplishment. There are almost always other people experiencing the same thing and they'll end up being new friends.



Excuse #2: "I've got two left feet"

Then the steps are Left, Left, Left. But seriously - coordinating your body sometimes takes repetition. The beginner class is broken down into very basic steps that even the most uncoordinated can achieve.



Excuse #3: "I don't have a partner"

Perfect! You don't need a partner. The great part about partner dancing is the ability to dance with everyone. And, everyone remembers what it was like to be a beginner and are very welcoming to new faces.



Excuse #4: "Will there be anyone my age?"

For starters, age is mostly in your mind. You'll be happy to know that we have people of all ages and walks of life at our lessons & parties. Some are in their 20s, most are between 35-55 and some are older. We have singles, couples and even a few family units. You'll be warmly welcomed by everyone.



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