



**The Southern Tier Swing Dance Society  
& The Southern Tier Chapter of USA Dance  
Are Proud To Bring Back:**

# **Erik Novoa & Anna Brady**

## **West Coast Swing, Hustle & East Coast Swing**

**Friday, Sept 5 & Saturday, Sept 6, 2008**

at the Endicott American Legion, 1305 Riverview Dr., Endicott, NY

Erik Novoa is a nationally ranked instructor, competitor, performer, choreographer and dance photographer. He has been dancing for 20 year and has appeared on TV in Dance Fever and other shows and won numerous competitions.

Anna Brady is a dancer and choreographer for classical and contemporary repertoire and partner dancing. For more details on Erik & Anna, see [www.SwingShoes.net](http://www.SwingShoes.net)

### **The Schedule**

#### **Friday, September 5**

- 6:45-7:45pm** **In The Beginning - Hustle Basics (Beg)**  
If I had 30 seconds to impress my friends, I'd choose Hustle. It's the most dynamic of all the social dances and it is the perfect dance for all party music. Hustle is one of the easiest dances to get started, especially for the follower. We'll go over basic footwork, basic timing, form and technique. You'll learn a simple but useable social pattern to get you moving in the right direction.
- 8:00-9:00pm** **East Coast Swingin' - Fun Moves (Int)**  
This is going to be pure fun! Cool moves that get you swinging right away. We'll add some pizzazz to your steps so when the tempo gets hotter, your moves look cooler. These will be some new and improved moves.
- 9:00-Midnight** **DJ Dance**  
Practice all you've learned and dance with Erik & Anna.

#### **Saturday, September 6**

- 1:00-2:00pm** **West Coast Swing - Advanced Basics (Beg +)**  
This class will review many of the basic positions and techniques, including the "Jedi Mind Lead". We will add ways to dress all the basics so that they look different every time.
- 2:15-3:15pm** **Spins & Turns (All Dances)**  
Having trouble with your spins? All forms of Swing and Hustle include many types of spins & turns. This workshop will address methods & techniques for making your spins & turns easier, more comfortable, and better looking. This is for **both leaders and followers**, and for **all forms of swing**, as well as other dances.
- 3:30-4:30pm** **West Coast Swing - Add a Spin or Turn to your basics ( Adv Beg/Int.)**  
Spinning Side Passes and Free Spins make your WCS eye-catching. Use the techniques just learned to take your West Coast to the next level. If time permits, we will add a spin or turn to a Basket or Basic Whip. **You should be comfortable with Basic Side Passes and with a Basic Whip.**
- 6:45-7:45pm** **Hustle 2 – Fun Shadows & Wraps**  
Continue the momentum with Shadows and Wraps. They're basically the same for the follower, but they look totally different. Shadows and Wraps create momentum in a dance that is designed to be fast and flashy. We'll learn these moves without any yanking or pulling ... just pure floating as you go on the Hustle "ride".
- 8:00-9:00pm** **West Coast Swing – Flashy Moves (Int/Adv)**  
This is going to be a class full of fun and flashy moves. Once you master the movements, we'll make them more challenging. **You should be comfortable with all 7 Basics and the fundamentals of WCS to take this class.**
- 9:00-Midnight** **DJ Dance**  
Dance with all the new friends you've made and use those new moves.

## DIRECTIONS

### AMERICAN LEGION, POST 82, ENDICOTT, NY 13760

**FROM THE NORTH:** 81 or 88-South To 17-West, to ENDICOTT/ROUTE26 (EXIT 67N). Merge and Take the 2ND Exit onto 17C WEST, Merge all the way Left and take a Left at the Light onto WASHINGTON AVE (Wendy's will be on your right). Then make Left on to RIVERVIEW DRIVE. The Legions will be on your Left.

**FROM THE SOUTH:** 81N To 17-WEST; Then follow as above.

**FROM THE EAST:** 17-WEST, Then follow as above.

**FROM THE WEST:** 17-EAST, To ENDICOTT/ROUTE 26 (EXIT 67N), Then follow as above..

**YOU WILL RECEIVE A \$2.00 DISCOUNT-COUPON FOR A FUTURE (AFTER 9/15/08) SOUTHERN TIER CHAPTER USA DANCE EVENT FOR EACH WORKSHOP PAID**

### REGISTRATION (DETACH AND RETURN)

\*PLEASE USE A SEPARATE FORM FOR EACH PERSON

\*\*FOR ADVANCED REGISTRATION DISCOUNT-MUST BE PAID OR POSTMARKED BY THURSDAY, AUGUST 28, 2008

	CIRCLE YOUR SELECTION	
	<u>ADVANCE</u>	<u>AT THE DOOR</u>
SINGLE WORKSHOP	\$10	\$12
FRIDAY PASS (2 WORKSHOPS + DANCE)	\$20	\$25
SATURDAY AFTERNOON (3 WORKSHOPS)	\$25	\$35
SATURDAY PASS (5 WORKSHOPS + DANCE)	\$40	\$50
SATURDAY NIGHT (2 WORKSHOPS + DANCE)	\$20	\$25
ALL – IN (7 WORKSHOPS + 2 DANCES)	\$55	\$70
DANCES ONLY	N/A	\$ 8 EACH

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

AMOUNT ENCLOSED \_\_\_\_\_

USA DANCE MEMBER? YES/NO

MAKE CHECKS PAYABLE TO: *Southern Tier Swing Dance Society*

MAIL TO: TONY FARRAND, 3662 RATH AVE, ENDWELL, NY 13760, OR SIGN UP AT TUESDAY NIGHT DANCE AT REXERS OR THURSDAY NIGHT AT WESTERN BROOME SR. CENTER.

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**QUESTIONS : CALL TONY AT (607) 785-5228 OR FRANCINE AT (607) 729-4346**

**WEBSITES: Southern Tier Swing Dance Society – [www.stnyswingdance.org](http://www.stnyswingdance.org)**

**Southern Tier Chapter – USA Dance – [www.virtualforum.com/dancing/](http://www.virtualforum.com/dancing/)**